



# VOU News for You

VOUCA Management Newsletter/July 27, 2015

All VOU witches and wizards, ages 8-12 and their parents are invited to

## Harry Potter's Birthday Party

Friday, July 31  
1 to 3 PM  
Shafer's Mill Recreation Center

What's a birthday party without presents? Please bring unwrapped new school supplies to donate to students in need. The supplies could range from pencils to pens, notebooks, erasers or new backpacks.

Please RSVP to [services@villagesofurbana.net](mailto:services@villagesofurbana.net)

## WEEK AT A GLANCE

### July 28

5:30 - 7:00 AM - Morning Lap Swim at Harris Street Pool

### July 29

7:00 - 8:00 PM - Yoga at Shafer's Mill Recreation Center

### July 30

5:30 - 7:00 AM - Morning Lap Swim at Harris Street Pool

### July 31

1:00 - 3:00 PM - Harry Potter Birthday Party at Natelli Community Center. RSVP today to [services@villagesofurbana.net](mailto:services@villagesofurbana.net).

### August 5

1:30 PM - Design Review Committee Meeting

### August 8

10:00 AM - 12:30 PM - Management Office Open  
9:00 - 10:00 AM - Boats at the Pool at the Harris Street Pool  
7:00 - 9:00 PM - VOU Jam Session at the Shafer's Mill

## Pool Hours

The Harris Street Pool is open 10 AM to 9 PM daily. The Shafer's Mill Recreation Center Pool is closed Mondays (except Memorial Day and Labor Day). The Shafer's Mill Pool is open Tuesday through Sunday, 10 AM. **To access the pools you must have a valid pass in hand. It is not too late to renew your passes.**



**NEIGHBORHOOD GREEN =**  
Rain Barrels,  
Rain Gardens,  
Tree Plantings,  
Conservation Landscaping!



Frederick County's Office of Sustainability & Environmental Resources (OSER)'s expanded Neighborhood Green program helps landowners in the Peter Pan Run watershed control stormwater runoff and reduce pollutants from entering our local waterways feeding into the Chesapeake Bay.



Polluted stormwater affects the water that we use for **drinking, swimming and fishing**, and contributes to stream erosion. Implementing these actions will **attract birds and pollinators** while beautifying your property and they will have a beneficial and **lasting impact** on our stream and watershed health.

#### IF YOUR PROPERTY QUALIFIES, HOMEOWNERS WILL RECEIVE:

A **FREE** assessment of your property which includes an urban nutrient management plan and a landscape plan with suggestions for management (**\$200 value**).

For a **small** homeowner cost-share of \$100, grant funds originating from outside of the County will provide up to **\$400** for practices recommended by the contractor, **if you choose to have the practices installed**. Grant funds are limited. **The deadline to apply is August 31, 2015.**

This program is funded by:

Although this project is funded by the Environmental Protection Agency, it does not necessarily reflect the opinion or position of the EPA.

## QUESTIONS? CONCERNS? CONTACT US

On-site Office: 9023 Harris St.

Frederick, MD 21704

Phone: 301-831-4810

Fax: 301-831-4811

Email: [services@villagesofurbana.net](mailto:services@villagesofurbana.net)

Office Hours: 10 AM- 4 PM

General Manager: Aimee Winegar

Resident Services: Tammy MacLaren

This program is coordinated by Frederick County Government. For more information and to apply visit: [www.FrederickCountyMD.gov/ngreen](http://www.FrederickCountyMD.gov/ngreen) or call 301-600-7414.



## COMMUNITY SCOOP

### Urbana Softball and Baseball

Registration for the 2015 Fall Softball and Baseball Season is NOW OPEN at the following links: [www.urbanabaseball.org](http://www.urbanabaseball.org) OR [www.urbanasoftball.org](http://www.urbanasoftball.org) - Just click on the baseball or softball on the main page to register.

Details regarding the registration dates and programs can be found on our website. Please note that registrations made ON OR BEFORE August 7th will be assured spots on teams while registrations made AFTER August 7th will be subject to coach/team size availability and will not be assured placement on a team. Registration will completely close on August 14th.

Please send all baseball questions to Tom Willie at [tom@tomwillie.com](mailto:tom@tomwillie.com) and send all softball questions to Teresa Reefer at [treefe@comcast.net](mailto:treefe@comcast.net).

### Reminders for Pet Owners

Please be considerate when walking your dog. Pet owners are responsible for cleaning up after their pets.

### WHOM DO YOU CALL?

Frederick County Sheriff's Office  
Non-Emergency Number: 301-600-2071  
Washington Gas: 800-752-7520  
Allegheny Power: 800-255-3443  
Frederick County Water and Sewer:  
301-600-2187 M-F; 301-600-2194 after hours and holidays  
VOU After Hours Emergency:  
888-788-2678



## AHOY, MATTIES!

### Boats at the Pool & Watergun Battle

Where: Harris Street pool (9023 Harris Street)

When: Saturday, August 8, 9 to 10 AM

Come out with your team (family or friends, or both!) and your homemade or model boat and float your boat at the pool. Also, bring your super soakers and squirt for the win! Boats may be built by your team or may be remote-controlled. Races will be by class. Propellers, sails, and motors are permitted. Be creative! Have fun! Boats--sail, propeller or motor, may be no more than 18 inches long. Come join us for races, refreshments and other contests! We hope to see you all there!

## Dedicated Fitness in the VOU

**D**edicated Fitness returns to the VOU! Get fit and healthy with an energetic, fun, workout...provided by Dedicated Fitness PTS, LLC. Classes run thru October 2015. Format will include: Agility Training, Conditioning, Core Training, Plyometrics, and Stability and Strength Training.

Days/Times/Locations: Tuesday/Thursday mornings (5:30am - 6:30am), Meeting in the parking lot at the Harris St clubhouse (next to the old pool). Fee: 10 sessions @ \$125, or 20 sessions @ \$200. Payments can be made at the first session attended...cash, check, or credit card (\$5 service fee). The first class is FREE! Bring water, a towel, and an exercise mat to all sessions. For more information contact [Dewey@DedicatedFitness.net](mailto:Dewey@DedicatedFitness.net). \$25 off first session package- valid until August 31st, 2015.



## VOU JAM SESSION

WHERE: SHAFER'S MILL RECREATION CENTER

WHEN: SATURDAY, AUGUST 8, 7 TO 9 PM

WHO: VOU RESIDENTS 15 YEARS AND UP

If you play an instrument and you'd like a chance to jam with some other music lovers, please join us! Bring your instrument of choice. Even if you don't play, come out and enjoy some great music! Refreshments will be served.