



# VOU News for You

VOUCA Management Newsletter/June 24, 2013

## News You Can Use

### Meeting Schedule

Meetings to be held this week at the Natelli Community Center:

Monday, June 24—Finance, 7 PM

Tuesday, June 25—Board of Directors, 6:30 PM

Upcoming Meetings:

Monday, July 1—Pools and Outdoor Recreation, 7 PM

Tuesday, July 2—Design Review, 7 PM

### Financial Planning Seminar

Capital One will be hosting a presentation by John Creswell on his outlook of the international markets on Thursday, June 27 from 7-8 PM at the Natelli Community Center, 9023 Harris Street.

### Summer Yard Waste

Yard Waste Recycling Pickup is now the FIRST trash day of the week. Depending on when your  
*continued on p. 2*

### Questions? Concerns? Contact Us

On-site Office: 9023 Harris St.  
Frederick, MD 21704  
Phone: 301-831-4810  
Fax: 301-831-4811  
Email: [vouadmin@casinc.biz](mailto:vouadmin@casinc.biz)  
Office Hours: 10 AM- 4 PM  
General Manager: Aimee Winegar  
Asst. Manager: Julie Virnelson

Villages of Urbana, C.A.  
invites you to an

## ADULT POOL PARTY

Friday, June 28  
6-9 PM

Shafer's Mill Pool

Adults, 18+

Full Dinner catered by Black Hog  
\$10/person

RSVP to [vouadmin@casinc.biz](mailto:vouadmin@casinc.biz)

Valid Pool Pass Required  
No alcohol permitted in the facility

## Community Policies Update

At its meeting on June 6, 2013, the Villages of Urbana Board of Directors approved for publication to the residents two draft policies, which are posted on the web site. The policies are summarized below:

1. Modifications to the Policy on Books and Records to permit the distribution of documents electronically. These changes are shown in bold red type at the end of the document.
2. Following a judicial decision at the Maryland state level, property owners are now subject to strict liability for certain dogs when those dogs are present on their property. This decision applies to associations. Consequently, a policy has been developed to limit the presence of pit bulls on community property.

Both of these policies are being published for resident consideration and comment for a period not less than 30 days. The Board will be considering adoption of these policies at its July 23 Board meeting, which is also open to all members. Please submit comments on the policies to the community manager at [manager@villagesofurbana.net](mailto:manager@villagesofurbana.net) or by regular mail at 9023 Harris Street, Frederick, MD 21704.

## News You Can Use

continued from p. 1

regular trash day is, please place your yard waste out for collection on Monday or Tuesday with your trash by 7 AM. **Trash must be left out for collection ONLY in closed trash bags inside lidded plastic containers. Trash must be left out for collection at the end of your lead walk or driveway— not on community property!** Remember that yard waste should be left at the curb where you place your trash, in recyclable bags only.

## Pool Pass Photo Schedule

The management office is open every day from 10 AM to 4 PM.

The management office will also be open on Monday, June 24, 4 to 7 PM and Tuesday, June 25, 4 to 6 PM. If these hours are not convenient, please contact the management office for an appointment.

## Keep Our Ponds Clean

You can help keep the ponds in the Villages of Urbana clean by keeping litter out of the ponds by keeping the curbs clean around your house.

### Whom Do You Call?

Frederick County Sheriff's Office  
Non-Emergency Number: 301-600-2071  
Washington Gas: 800-752-7520  
Allegheny Power: 800-255-3443  
Frederick County Water and Sewer:  
301-600-2187 M-F; 301-600-2194 after  
hours and holidays  
VOU After Hours Emergency:  
888-788-2678

## Solar Installation Demonstration

**O**n Saturday, June 29 from 1:00 PM — 3:00 PM there will be a solar installation demonstration at the home of Brian & Kathy Costanzo, 3922 Sweet Briar Lane, Frederick, MD 21704.

Come watch as the 5.145 kW system will be installed at the Villages of Urbana home of Brian and Kathy Costanzo. The Costanzos chose the Solarize Frederick purchase option. Their system will save the couple \$900 in the first year and pay for itself in 5 years. They also could have chosen the Pay As You Go option which requires \$0 upfront. With this option they would have no out of pocket costs and still start saving day 1.

Solarize Frederick County aims to increase solar electric and solar hot water system installations in Frederick County through volume purchasing, incentive grants, and a streamlined process that simplifies decision making and reduces installation time. Solar electric installer partner Astrum Solar was chosen after a rigorous selection process. The first of its kind program in Maryland, this is a great opportunity for Frederick County families to go solar.



The home before solar panels



The actual system design showing 21 panels

## Water Fitness Rocks!

**C**heck out our summer classes at the VOU community Pool that run from June 17th—August 7th

**Shallow Water Workout:** Mondays/ Wednesdays 6:00—6:45pm

A low impact but high intensity water aerobics class where no swimming skills are needed. This class is designed to improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using the resistance of the water to cushion the feet, knees and back. Exercises are performed to lively, motivating music and are effective and easy to follow. 16 classes: \$96.00 (Register for 8 classes: \$60.00)

**Deep Water Workout:** Mondays/ Wednesdays 7:00—7:45pm

This water fitness program is held in the deeper water of the pool and provides a no-impact but challenging cardiovascular workout. Participants will use flotation belts or pool noodles (provided at pool) to perform a variety of motions including water walking and running, abdominal work and toning exercises. This class is designed to burn fat and increase cardiovascular fitness, range of motion and muscle tone. 16 classes: \$96.00 (Register for 8 classes: \$60.00). Questions? Please visit our web page at [www.wetyetwaterfitness.com](http://www.wetyetwaterfitness.com) or call Nancy at (301) 990-1846.