



VOU News for You

VOUCA Management Newsletter/May 14, 2012

News You Can Use

Meeting Schedule

Meetings this week at the Natelli Community Center:

May 14, Grounds, 6:30 PM

May 15, Design Review, 7 PM

May 16, Social, 7 PM

Fitness Center Key Fobs

Key fob pick up is moving to the management office at 9023 Harris Street.

Still need your key fob? Waiver forms are available at the Natelli Community Center or on the website. Fobs can be picked up there, 48 hours after you submit the form.

Yard Maintenance

If you live in a single family home, please remember that you are responsible for mowing and maintaining the strip of grass between the sidewalk and curb in front of your home. This is called the street parcel. The Villages

continued on p. 2

Questions? Concerns? Contact Us

On-site Office: 9023 Harris St.
Frederick, MD 21704
Phone: 301-831-4810
Fax: 301-831-4811
Email: vouadmin@casinc.biz
Office Hours: 10 AM- 4 PM
General Manager: Aimee Winegar
Asst. Manager: Elizabeth Jenkins

Spring Fling Recap

The Villages of Urbana Annual Spring Fling was held last Saturday, May 12. Thanks to all the volunteers and participants who worked together to produce such a fun family event.



Honor Our Heroes Run/Walk

VOU Races is sponsoring a 8K/5K/2K Fitness Run/Walk on Monday, May 28, 2012 at 8:00 AM at the Natelli Community Center, 9023 Harris Street.

Join us for the first of our series of low-key, fun fitness events. as we run or walk to honor our service men and women. Registration will be on race day only at 7:00 – 7:45 AM. \$5 per entrant, \$10 maximum per household. Past and present service men and women run for free.

Cash donations will be accepted for The Wounded Warrior Project, an organization dedicated to providing support for service men and women injured in combat.

Questions? Want to volunteer? Contact: VOURaces@gmail.com

News You Can Use

continued from p. 1

of Urbana is responsible for mulching and caring for the trees in the street parcel. Individual homeowners are responsible for mowing, weeding, and otherwise taking care of the grass.

If you live in a single family home, please remember that you are responsible for the landscaping around the utility box. The Villages of Urbana is responsible for repairing the green plastic screens.

If you live in a townhouse, please remember that you are responsible for ensuring that the grass in front of your home is in good condition. The Villages of Urbana is responsible for mowing the grass, but if the grass is worn or damaged, you are responsible for seeding it.

Cars and Roads

The management office continues to receive complaints about children playing in the street. Please note that streets are not considered to be safe play areas. Please direct children to play in the tot lots and greenspaces located throughout the community. On the flip side, as you drive through the community, please drive carefully in the presence of playing children. Your attention to the safety of our residents is appreciated.

Whom Do You Call?

Frederick County Sheriff's Office Non-Emergency Number: 301-600-2071
Washington Gas: 800-752-7520
Allegheny Power: 800-255-3443
Frederick County Water and Sewer:
301-600-2187 M-F; 301-600-2194 after hours and holidays
VOU After Hours Emergency:
888-788-2678

Have you Renewed Your Pool Pass?

Pool season is nearly at hand. Please watch for a flyer with the pool pass renewal/application form or go on-line to download the form. You must renew your pass this season to gain access to the pool. If you have any questions, please email manager@villagesofurbana.net. For new passes, please visit the management office at the Natelli Community Center any time during regular business hours (10 AM to 4 PM on weekdays). Additionally, after-hours photo sessions will be available as follows:

Saturdays 9 AM to 12 Noon	Mondays 4PM to 6PM	Tuesdays 4PM to 6PM	Thursdays 4PM to 6PM
May 19 May 26 June 2 June 16 June 30 July 14	May 14 May 21 June 4 June 11 June 25 July 2	May 15 May 22 June 5 June 19 July 3	June 14 July 12

Pools will be open on Saturday, May 26! Get ready now for a season of fun! Don't forget to check the website for information about tennis and races.

Water Fitness Information at the VOU

Wet Yet Water Fitness will be providing water fitness classes this summer at the Natelli Community Center Pool! Classes run from June 18th—August 10th with no classes Wednesday, July 4th

Shallow Water Workout

Mondays, 6:30—7:15pm, Wednesdays, 6:30—7:15pm

An energetic workout featuring intervals and other cardiovascular challenges. Great for fat burning!

Aqua Pilates

Mondays, 7:30—8:15pm

Improve core strength, posture, balance, agility, and coordination with this gentle yet intense class.

Aqua Zumba

Wednesdays, 10:30—11:15am, Wednesdays, 7:30—8:15pm, Fridays, 10:30—11:15am

The Zumba craze has hit the water! Move to international rhythms for energizing, stress-relieving fun!

Mix and Match classes! You will receive a punch card prior to the classes beginning. Please bring the card to class!

Fees: 1 x week (8 classes): \$56
2 x week (16 classes): \$96
3 x week (24 classes): \$120
4 or more x week (32 classes): \$128

Questions? Please visit the web page at www.wetyetwaterfitness.com or call Nancy at (301) 990-1846.