



VOU News for You

VOUCA Management Newsletter/May 23, 2016

Pools Open May 28

Update Your Membership Passes Today

Renew those passes! Please remember that the closer we get to the date of pool opening, the longer it takes to renew passes because so many people wait until the last minute. Renewal can take up to 5 business days right now. Please send in your form as soon as possible. Waiting until the day before the pool opens will mean that you cannot get in!



Pool season begins May 28 at 10 AM. Be sure to have your pool passes ready. No-one will be admitted to the pool without a valid pass in hand. The actual physical pass will be required. Renewal is free and easy. Just click on the links on the website home page (www.villagesofurbana.net) to complete the form electronically. If you are new to the community or need assistance, the Management Office is open 10 AM to 4 PM, M-F.



Monday, May 30, 2016

8 AM, Rain or Shine

**Villages of Urbana Natelli Community Center
9023 Harris Street**

**Come run or walk to honor our service men and women.
Join us for the first of our series of low-key, fun fitness events.**

**Early registration is available on line through the VOU website,
www.villagesofurbana.net or register on race day from 7:00 to 7:45 AM.**

**\$10 per entrant, \$20 maximum per household.
Past and present service men and women run for free!**

Cash donations will be accepted for the Wounded Warrior Project, an organization dedicated to providing support for service men and women injured in combat. Canned food donations will also be accepted to benefit the Greater Urbana Food Bank.

MONTH AT A GLANCE

May 28

10:00 AM - Pools Open

June 1

1:30 PM - Design Review Committee

June 6

7:00 PM - Pools and Outdoor Recreation Committee

June 8

7:00 PM - Covenants Committee Meeting

June 13

7:00 PM - Grounds Committee Meeting

June 15

1:30 PM - Design Review Committee Meeting

June 20

7:00 PM - Finance Committee Meeting

QUESTIONS? CONCERNS? CONTACT US

On-site Office: 9023 Harris St.

Frederick, MD 21704

Phone: 301-831-4810

Fax: 301-831-4811

Email: services@villagesofurbana.net

Office Hours: 10 AM- 4 PM

General Manager: Aimee Winegar

Resident Services: Tammy MacLaren

COMMUNITY SCOOP

Save the Dates

This year, VOU will be hosting the Starlight Film Festival, a free showing of four family films on June 23, July 7, July 21, and August 4. Watch for more information about this fun community event.

Kids Yoga in VOU

Kids Yoga is here! Two different classes are available. Ages 5-12 meet Tuesdays, 4:45-5:30 PM at the Shafer's Mill Recreation Center beginning May 10-June 13. The 6 week session costs \$48, sibling - \$30, any additional siblings - \$24, Drop ins, \$10/\$5 sibling. Bring yoga mat or beach towel, Limit 12. Little Kids Yoga (ages 3-5) is Thursdays, 12-12:30 PM at the Shafer's Mill Recreation Center, beginning May 19-June 16. Cost is \$30, sibling - \$24, Drop ins, \$8. Bring yoga mat or beach towel, Limit 8. For more information, contact Audra Monk (ERYT200) at audramonk@gmail.com, or by phone: 240-341-4148.

WHOM DO YOU CALL?

Frederick County Sheriff's Office
Non-Emergency Number: 301-600-2071
Washington Gas: 800-752-7520
Allegheny Power: 800-255-3443
Frederick County Water and Sewer:
301-600-2187 M-F; 301-600-2194 after
hours and holidays
VOU After Hours Emergency:
888-788-2678

Water Exercise is COOL!

Check out our summer classes at the VOU Harris Street Pool. 2016 Classes run from June 21st – August 3rd, Wednesdays 7:00 – 7:45 PM. Shallow Water Workout: A low impact but high intensity water aerobics class where no swimming skills are needed. This class is designed to improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using the resistance of the water to cushion the feet, knees and back. Exercises are performed to lively, motivating music and are effective and easy to follow.

Seven classes: *\$49.00. A minimum of 10 participants is needed in order to hold the classes and registrations MUST be received by June 1st . If the classes do not run all registrations will be returned. *If the required 10 persons needed to register is met we will also allow drop-ins for \$10.00/class

Questions? Please visit our web page at www.wetyetwaterfitness.com or call Nancy at (301) 990-1846.

Camp Fire Day

Even though Mother Nature left things a bit soggy, participants at last week's Camp Fire Day had a fun time roasting marshmallows and singing camp songs. Thanks to all who participated.



NATURE WALK

GIVE BACK TO YOUR COMMUNITY

SATURDAY, JUNE 18

9:00 TO 11:30 AM

HENDRY TERRACE PARKING AREA

We will be meeting at Hendry Terrace parking area greenway trail and walking around that area. We will be picking up trash and educating residents about Garlic Mustard weed, which is an invasive species that is killing the West Virginia White butterfly. Plastic gloves and trash bags will be provided. Residents should come wearing comfortable walking clothes, bring bug spray and water. For students needing service learning hours, we will sign off on their forms if students bring them.

To RSVP, please email services@villagesofurbana.net