



# VOU News for You

VOUCA Management Newsletter/November 19, 2012

## News You Can Use

### Management Office Closed

The Management Office will be closed on Thursday, November 22 and Friday, November 23 for the Thanksgiving holiday.

### Holiday Trash Schedule

Due to the Thanksgiving holiday, Thursday pickups will be on Friday and Friday pickups will be on Saturday this week. Looking ahead at the Christmas trash schedule: Tuesday pickups will be on Wednesday. New Years trash schedule: Tuesday pickups will be on Wednesday

Recycling Schedule: On Thursday, November 22, the administrative offices, landfill and Reichs Ford Road recycling drop off site will be closed and there will be no curbside recycling on Thanksgiving Day; curbside collections for Thursday and Friday will shift one day later than usual.

*continued on p. 2*

### Questions? Concerns? Contact Us

On-site Office: 9023 Harris St.  
Frederick, MD 21704  
Phone: 301-831-4810  
Fax: 301-831-4811  
Email: [vouadmin@casinc.biz](mailto:vouadmin@casinc.biz)  
Office Hours: 10 AM- 4 PM  
General Manager: Aimee Winegar  
Asst. Manager: Julie Virnelson

## VOU Turkey Trot November 22

The VOU Turkey Trot 5K Fitness Run/Walk and Food Drive will be held on Thursday, November 22, 2012 at 9:00 AM, Rain or Shine, at the VOU Harris Street Clubhouse. Come run or walk to benefit the Greater Urbana Area Food Bank. Pre-register to save time and money on race day. (Fees will be collected when you pick up your bib on race morning.)



Go to: <https://docs.google.com/spreadsheet/viewform?formkey=dGw3ZzZ0d3EzLUJEUnRHWHN3V1pMeWc6MA#gid=0>

Registration after Nov. 16th: \$20, or \$15 with donation of 3 cans of food  
Household discount: 1st and 2nd runners pay fee as above, additional runners living at same household address are \$5.

Questions? Want to sponsor the race by providing a door prize? Contact: [VOURaces@gmail.com](mailto:VOURaces@gmail.com) Brought to you by: VOU Pool and Recreation Committee

## Annual Meeting Report

At the 2012 Annual Meeting held November 13, Paul Coleman, Lisa Mitchel and Rich Terselic were elected to three-year terms on the VOU Board of Directors. Congratulations to them and many thanks to all of the candidates for their willingness to serve.

Reminder: the Board of Directors will be reviewing policies and codes at their November 27 meeting. The draft codes and policies are posted on the web site for resident review and comment. Please submit any comments to the community manager at [manager@villagesofurbana.net](mailto:manager@villagesofurbana.net) by noon on Tuesday, November 27 for presentation to the Board of Directors.

### Committee Openings

Have you ever thought about getting more involved in the community? The Villages of Urbana has a number of volunteer opportunities serving on committees. Please contact the community manager at [info@villagesofurbana.net](mailto:info@villagesofurbana.net) for more information and an application. VOU committees include: Grounds, Physical Assets Management, Finance, Design Review, Covenants, Social and Activities, and Pools and Outdoor Recreation. Your community needs you! Please consider volunteering!

## News You Can Use

continued from p. 1

### Meeting Schedule

Upcoming meetings at the Natelli Community Center:

Monday, November 19—Grounds, 6:45 PM

Tuesday, November 20—Design Review, 7 PM

### Safe and Sane Holiday Shopping Event

Come to the Holiday Shopping Event December 1st from 2-5 at the VOU Community Center, 9023 Harris St. The event is sponsored by the UHS Safe and Sane Committee to raise funds for the Class of 2013 Safe and Sane. Come one, come all; get your holiday shopping done and help out a great cause.

### Leaf Removal

Leaf removal is starting from the townhouse areas and condominium greenspaces. Residents of single family homes are responsible for removing their own leaves. Please do not leave them piled in the gutters, and please do not rake them into the storm drains. Leaves easily clog the drains and can cause flooding. Please package the leaves in the recycling bags for removal with yard waste recycling.

### Whom Do You Call?

Frederick County Sheriff's Office  
Non-Emergency Number: 301-600-2071  
Washington Gas: 800-752-7520  
Allegheny Power: 800-255-3443  
Frederick County Water and Sewer:  
301-600-2187 M-F; 301-600-2194 after  
hours and holidays  
VOU After Hours Emergency:  
888-788-2678

All VOU Elementary School Children, Ages 6-12 are invited to a

## Winter Crafternoon

When: Wednesday, December 12, 2:30 to 4 PM  
Where: Natelli Community Center  
9023 Harris Street



**Join us for Cocoa, Cookies, and Crafts Galore**

Join us for the

## Community Tree Lighting

Saturday, December 15, 2012, 5:30 PM  
Natelli Community Center  
9023 Harris Street

Join your neighbors for cocoa and caroling as we light the community Christmas tree in front of the Fat Oxen.



## New Fitness Training Program Starting

Dedicated Fitness and Personal Training Services is conducting a Villages of Urbana winter strength and conditioning program. Jumpstart your New Year's fitness resolution with an energetic, fun, workout...provided by Dedicated Fitness.

Classes begin on Tuesday, Dec 4th – 5:30am. Format will include:

- Agility Training
- Conditioning
- Core Training
- Plyometrics
- Stability and Strength Training

Days/Times/Locations:

Tuesday/Thursday mornings (5:30am – 6:30am)

Saturday mornings (8am – 9am)

Classes will be held at the Shafer's Mill Recreation Center (new club house)

Fee:

\$100 for early registration, if paid prior to Dec 4th

\$125 at the start of the program

Bring water, a towel, and an exercise mat to all sessions.

Class size will be limited to 15 participants, so register now. For more information contact [Dewey@DedicatedFitness.net](mailto:Dewey@DedicatedFitness.net).